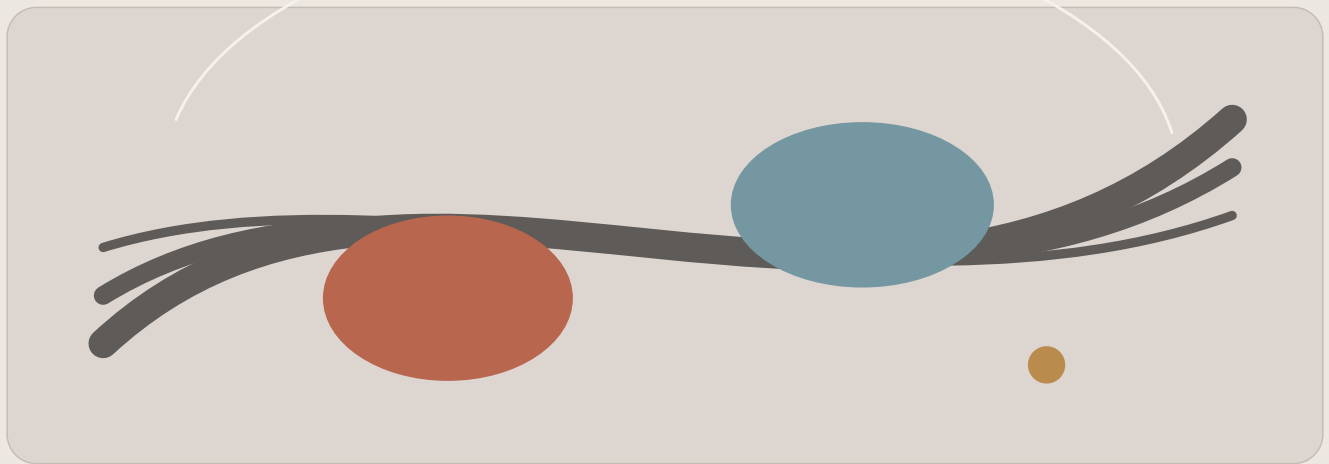


Five-page preview

Draw People With Presence

A proposed 14-day practice structure for drawing people with more weight, rhythm, and attention.



INSIDE THESE FIVE PAGES

- 1 A clear promise for the drawing practice.
- 2 A proposed two-week sequence for validation.
- 3 Two sample exercises with reflection prompts.

This is not a complete course or purchasable edition. It is a focused sample for validating a fuller practice pack.

OUTLINE FOR VALIDATION

Proposed 14-day practice structure

This outline is a proposal for validation, not a guaranteed final table of contents.

Days 1-2: pressure and value

Days 3-4: gesture and direction

Days 5-6: mass before contour

Days 7-8: weight and contact

Days 9-10: edges and focus

Days 11-12: repeat and compare

Days 13-14: longer study and reflection

Proposed preview structure; the final paid edition may change.

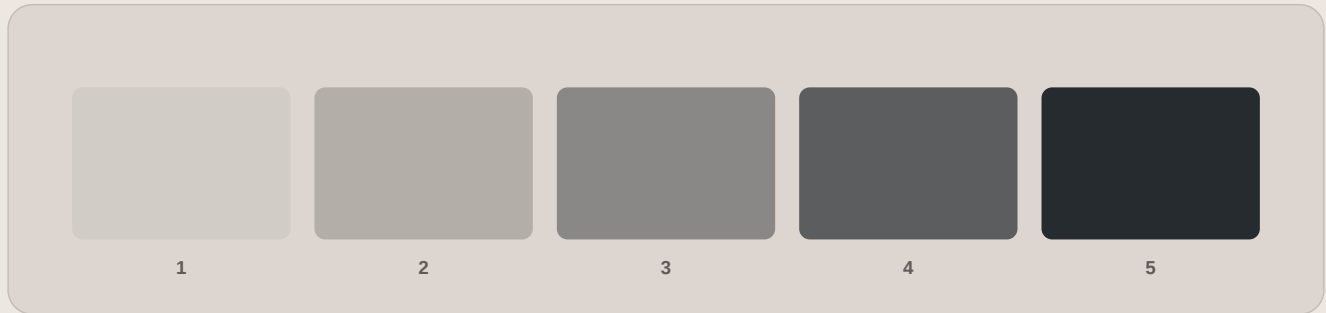
SAMPLE EXERCISE 01 / 10 minutes

Pressure and value control



Train one stick of charcoal to speak in a wider range before you ask it to describe the figure.

Materials: charcoal, paper, kneaded eraser



DO THIS

- 01 Begin with the lightest pressure you can sustain and make a field of quiet marks.
- 02 Build a five-step value scale, keeping each neighboring value distinct.
- 03 Use three values from the scale to block one simple mass without outlining it.

LOOK FOR

A readable step between neighboring values, especially the two lightest bands.

REFLECT

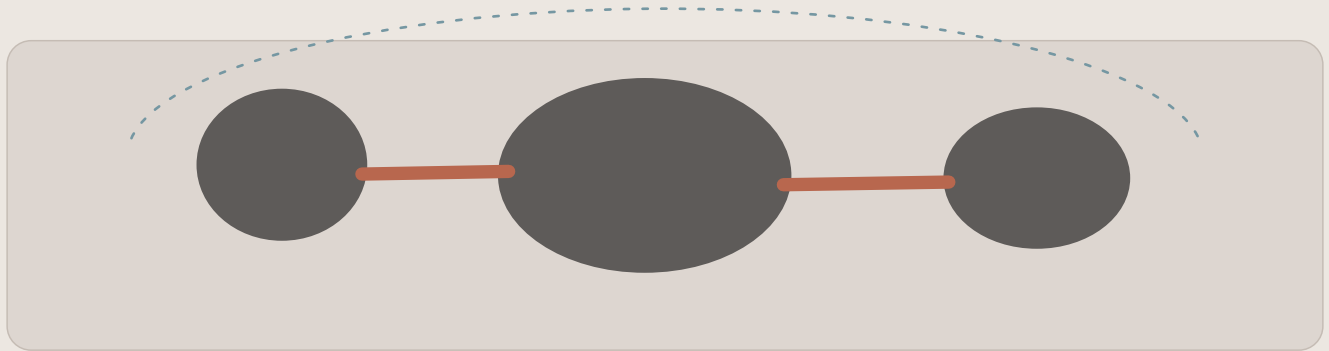
Which two values are hardest to separate? Where did pressure replace observation?

SAMPLE EXERCISE 02 / 12 minutes

Mass before contour

Let weight-bearing shapes establish the pose before an outer edge begins to describe it.

Materials: charcoal and paper



DO THIS

- 01 Place the head, ribcage, and pelvis as three simple masses.
- 02 Connect the masses through the weight-bearing side and mark the point of contact.
- 03 Add only the contours needed to clarify balance.

LOOK FOR

A pose that reads from across the room before small features or surface details appear.

REFLECT

Does the pose read from across the room? Which contour can be removed without losing the pose?

REFLECT / RESPOND

What would make this useful?

A practice pack earns its place by helping you return to the page with more clarity, not more noise.

01

Where does the drawing carry weight?

02

What rhythm connects the main masses?

03

Which edge should become the focal edge?

04

What will you change in the next repeat?

NEXT STEP

Continue your practice

The paid seven-day practice pack is available now on Etsy. This free preview explores a separate proposed 14-day expansion that is not yet released.

Open the studio page at the address printed in the footer on every page.